

## What we've been attending May 2022

Norfolk  
County Council



We don't just fight fires, we carry out home fire safety checks for residents over 65 or those with disabilities. This is one of our key pieces of prevention work that we do to keep Norfolk fire safe. See what else we've been up to this month

Norfolk Fire & Rescue Service had a busy day for field, grass and tree fires. If you think it's warm out

there, please spare a thought for our crews tackling these incidents.

If you discover a wildfire...

1. KEEP A  
SAFE DISTANCE

2. CALL  
**999**  
FIRE SERVICE PLEASE

3. GIVE US  
INFORMATION  
ABOUT THE FIRE  
TELL FIRE CONTROL THE LOCATION  
922 AND ANY RELEVANT INFORMATION

#WILDFIREWARE

NFCC National Fire Chiefs Council

Norfolk County Council

Today we've attended fires in the open in Thetford, Norwich, Costessey, Attleborough & Horstead - many of them were avoidable. It's hot and dry, and will be over the coming days, which means the risk of wildfire is high. Please don't drop cigarettes or litter and don't use disposable barbecues. If you see a fire, please call 999.

Thank you and enjoy the sun safely



Did you know hidden batteries in electricals can start fires when crushed in recycling and bin lorries? There are batteries hidden in more items than you think! Visit Recycle Your Electricals to find your local battery and electrical drop off point - <http://ow.ly/aymq50JKBg7>

### Use the bus

As part of the campaign to get more people to choose the bus, Norfolk County Council is offering young people in the Swaffham area discounted travel on the flexibus+ service.

Young people aged 5-19 who want to travel in the flexibus+ zone will benefit from the discounted price of just £1.50 for two trips. The offer is available for the six-week summer holidays (25 July - 3 September) when journeys are booked via the flexibus+ app.

The Swaffham flexibus+ service is funded by the Department for Transport's Rural Mobility Fund, and provided in partnership by Norfolk County Council and Vectare transport solutions. The bus covers a zone totalling 85 square miles, with stops in Swaffham as well as 20 villages and hamlets in the surrounding area.

To find out more about the flexibus+ service visit [www.norfolk.gov.uk/flexibus](http://www.norfolk.gov.uk/flexibus)

In addition to this offer and as fuel prices remain high the Choose the bus campaign is promoting these other fantastic money saving offers from our bus operators:

- West Norfolk Community Transport is offering a special summer holiday promotion on our 21 service, it's a family/group return ticket for £11 from all villages through to Hunstanton. Visit [www.wnct.co.uk](http://www.wnct.co.uk) for more information.
- Konectbus is offering reduced anywhere tickets - an Adult Day ticket will cost just £6.80 and the Family Day ticket £12. They also have a Tango Ticket -which gives 10% off when two people travel together. Find out more at [www.konectbus.co.uk/offers](http://www.konectbus.co.uk/offers).
- First Buses offer an Explorer Day Ticket which is perfect for days out through the summer. For just £8 an adult, £6 for a young person (5-19) or £14 for a group of up to 5 people You'll get there, back and all around, all day with unlimited travel on all our buses in Norwich and all along the east coast with just one ticket. Find out more [www.firstbus.co.uk/norfolk-suffolk](http://www.firstbus.co.uk/norfolk-suffolk).
- Getting the train somewhere? Did you know you can add a PLUSBUS ticket to your train ticket which gives you unlimited bus travel around town, at the start, the finish, or both ends of your train journey. Find out more at [www.plusbus.info](http://www.plusbus.info).
- Want to see more of the coastline? Jump aboard the fantastic coastal bus services. The Coastliner bus runs from King's Lynn to Wells, and you can then join the Coasthopper from Wells to take you all the way through to Mundesley. Group tickets for 2 adults 3 children are just £22.

Councillor Lana Hemsall, Norfolk County Council's member champion for sustainable travel said; "Making bus travel the more affordable option is key to encouraging more people to leave the car at home and hop on board their local service. Reducing the numbers of cars on our roads and getting both our residents and visitors to use buses and other more sustainable transport options is key to us achieving our Net Zero ambition for Norfolk."

The Choose the Bus campaign is the first to be launched as part of the new 'Travel Norfolk' brand which will be used across both campaigns and infrastructure projects which aim to help people make the smart choice when travelling around the County.



As summer starts, get [#WeatherReady](#) with us. This week we're thinking about preparing for summer heat so we can make the most of the weather. Heat can impact anyone but especially older people, babies & those with underlying health conditions. Here are some tips for staying cool

## **Fire service offers safety tips after more than 200 kitchen fires in Norfolk homes**

More than half of all Norfolk house fires last year started in the kitchen, with more than 200 blazes across the county being linked to cooking.

Figures released by Norfolk Fire & Rescue Service as part of Home Fire Safety Week show that, in 2021, crews attended 389 fires in homes across the county, with 221 starting in the kitchen.

Cooking-related causes included cookers (99), cooking rings/ hotplates (50) and grills/toasters (22) with other sources being microwaves and deep fat fryers. When cooking, the kitchen should not be left unattended and flammable items such as tea towels and trays should be moved away from heat sources

Other risks in the home include heaters and fires, with several recent serious fires being linked to the use of portable heaters in the home. 16 fires in 2021 were linked to portable heaters and fires.

There is concern that with the cost of living rises, more people will be tempted to heat only parts of the home using portable heaters in a bid to save money.

These should be sited at least 1m from people and flammable items such as furniture, papers, clothing and blankets. Use of common emollient creams for skin conditions can also increase the risk of flammability of skin, clothing, furniture and bedding as it absorbs into surfaces.

More about portable heater safety is available here: [Portable heaters - Norfolk County Council](#).

Fitting smoke alarms into homes is the biggest single thing you can do to improve safety in the home. Such alarms alert you to a fire day and night, giving vital time to escape and raise the alarm.

Norfolk Fire & Rescue Service offers free home fire safety visits to older and vulnerable residents across the county. As well as checking and fitting smoke alarms, the team can work with the resident to discuss having escape plans in place in case of emergency and offer advice around behaviours that increase the risk of fire in the home.

Find out more [here](#)



A report published today sets out that our Norwich Western Link project still represents good value for money despite a cost increase, due largely to inflation and refining part of the route to protect barbastelle bats. Read more about this here: :  
<https://orlo.uk/pCWif>



The £90m work to dual just over 1.6 miles of the A47 between Norwich and Acle will begin in the autumn

## Consultation about Mobile Library Services

NCC continue to face higher costs and demand for services and, this was the case even before the recent rise in inflation. Initial proposals [to save £13 million](#) as part of a £60 million target for next year were considered on 4<sup>th</sup> July. One of those savings proposals is to reduce the budget for the mobile library service by £200,000 - this is nearly half of the existing budget of £422,000. To make this saving we now must find ways to run the mobile library service in a different way and potentially reduce the number of routes.

The consultation started today on 22<sup>nd</sup> July and ends on 14<sup>th</sup> September.

#### **Background information about the mobile library service**

We currently run six mobile libraries that visit more than 500 locations in Norfolk every four weeks. Last year, between April 2021 and March 2022, partly whilst we were still coming out of lockdown, there were 41,000 visits and some 145,000 books borrowed from our mobile libraries. Our vehicles stop outside a variety of places within local communities, these range from playgroups, schools, care homes and traveller sites as well as locations where there is high footfall such as parish halls, pubs and supermarkets. There are currently 1,304 stops and time spent at each stop ranges from 10-15 minutes for most places to around one hour or more in others - the current delivery model is based on agreed principles and adjusted to local need.

Mobile libraries currently offer:

- Books, DVDs and audio books for loan and return
- A place to collect reservations or return items to the wider library service
- General information, advice and signposting to other services
- Help to access online magazines, newspapers, eBooks and eAudio

This summer there are two new replacement vehicles arriving which were commissioned from April 2021 to ensure operational continuity: they will replace two older vehicles that are at end of useful life. These new vehicles have an extended offer and will be equipped to provide public WiFi, internet access via onboard computers and an area for children's books and seating. Plans are also in place to loan digital devices as part of our Digital Inclusion Strategy. We currently have a Transit van fitted out with shelves which helps us deliver some of our services and this is due to be replaced by an Electric Vehicle in 2023, supported by funding from the Arts Council England.

A list of the current routes can be found at [www.norfolk.gov.uk/mobilelibraries](http://www.norfolk.gov.uk/mobilelibraries)

#### **How can local people find out about the consultation and have their say?**

- We will publicise the consultation using social media, such as Facebook and Twitter and in the local media and posters in library branches across Norfolk
- A press release will be sent out briefing local media on the consultation and its contents
- People will be able to access the consultation online and feedback their views using the online consultation.
- <https://norfolk.citizenspace.com/consultation/mobilelibraries/>
- Paper copies of the proposals will be distributed via our library branches and mobile libraries
- We will encourage members of the Norfolk Residents' Panel to participate in the consultation, the Panel currently comprises over 1,300 Norfolk residents.

Using our online feedback form ensures we have a clear record of people's response and that their views are accurately recorded. We will provide copies online of PDF documents so that people can download these themselves if they want a hard copy.

We appreciate that some residents may not have online access and people who are unable to respond online can send us their views in writing to: Freepost Plus RTCLXSTT-JZSK Norfolk County Council, Ground floor - south wing, County Hall, Martineau Lane, Norwich NR1 2DH. These responses will be entered manually into our Citizen Space system by members of the consultation team.

Residents can request the budget consultation in other formats, including paper form, by calling 0844 800 8020 or emailing [HaveYourSay@norfolk.gov.uk](mailto:HaveYourSay@norfolk.gov.uk) in line with our standard practice. This will include large print, Easy Read for people with learning disabilities, Braille, audio etc.

#### **How will we analyse and report the consultation findings?**

Feedback and the findings will be reviewed at Cabinet on 7<sup>th</sup> November.

#### **Further information:**

Contact: Christine Mawson, Stakeholder and Consultation Manager, Tel: 01603 224485 or Email: [christine.mawson@norfolk.gov.uk](mailto:christine.mawson@norfolk.gov.uk)

#### Social Infrastructure fund



Do you run a community project or service that helps others? Do you have a project planned but need some additional funding? The Norfolk Social Infrastructure Fund is now looking for expressions of interest! 

We've got £775,000 available for projects, and the money can be spent on capital costs - so that's things like new buildings, repairing or improving existing facilities, buying equipment, or even furniture! 

We're looking for projects that support the Council's plan Better Together, for Norfolk, and that help the county with the challenges it faces.

We want to hear from you, so express your interest by 19th September.

For more information visit  <https://orlo.uk/uUa0a>

#### **Big Norfolk Holiday Fun opens for summer bookings**

Children across Norfolk can benefit from a range of fun activities this summer, as the Big Norfolk Holiday Fun scheme returns for the six-week school holiday.

Bookings are now open for the scheme, which provides free activities with a healthy lunch for children eligible for means tested free school meals.

The scheme is delivered by Norfolk County Council in partnership with Active Norfolk and supports children aged 5 to 16 as part of the government's Holiday Activities and Food (HAF) programme.

Cllr John Fisher, Cabinet Member for Children's Services at Norfolk County Council: "We want our summer Big Norfolk Holiday Fun scheme to be the best yet and we've got an even wider range of activities on offer, including mechanics, performing arts, outdoor challenges and activities around mental health and wellbeing."

"The programme provides children with a host of fun activities and helps parents to reduce their childcare costs. With so much choice available, children should be able to find something that they have a genuine interest in, and the scheme has the potential to inspire future careers, hobbies, and skills."

"We've had great feedback from children and young people who have taken part in the past, so I'd encourage families to get

booking on what promises to be a fantastic summer programme. We know it is a welcome support for many families during the school holidays."

Activities will be running from 25 July to 2 September where children will have the opportunity to learn a new skill, play a range of sports or take part in a host of activities such as outdoor adventures, science workshops, cooking, art, and lots more.

Those who have taken part in previous Big Norfolk Holiday Fun programmes have reported doing more physical activity and many have said they've been inspired to try healthier foods.

The summer programme is now open for bookings for children aged 5-16 (or 4 if they turn 5 in August). Those who are eligible for means-tested free school meals can claim free spaces, whilst paid spots for a small charge are available on many activities for those who don't qualify for a free place, more can be found on this here [www.norfolk.gov.uk/bignorfolkholidayfun](http://www.norfolk.gov.uk/bignorfolkholidayfun)

This year there will be no special codes needed to book activities making it much easier for families to take part. Families are encouraged to explore the wide range of activities available and book as soon as possible. Further information on how to book can be found here [Big Norfolk Holiday Fun - Norfolk County Council](#) and the video '[What is Big Norfolk Holiday Fun?](#)' gives a great summary of the scheme.

#### **Norfolk's Carers invited to apply for free Wellbeing Packs**

**Norfolk County Council is delighted to provide a further 3,000 free Wellbeing Packs to unpaid carers over the coming months, after previous packs were taken up enthusiastically across Norfolk.**

The packs, which are provided through Covid funding from the Department of Health and Social Care (DHSC), are designed to support unpaid carers and include Personal Protective Equipment (PPE) to support recipients in their role as a carer, as well as a range of pick-me-up items for the carer including chocolates, toiletries, and other treats to bring a little joy in these difficult times.

"This pack, and all the support offered by Carers Matter Norfolk, are available for anyone who has a caring role. There may be thousands of people in Norfolk who support a loved one and don't realise they are in fact a carer, and there is help there for them. I hope this pack not only encourages more of them to get in touch, but to also discover the full range of support that is out there."

If you are a caring for a friend or loved one, or know somebody that is, you can register your details online to receive a pack. Those who are eligible will have a pack posted directly to their home. To apply for a pack today, please visit:

[https://forms.norfolk.gov.uk/service/carers\\_wellbeing\\_pack](https://forms.norfolk.gov.uk/service/carers_wellbeing_pack)

So far, Norfolk County Council has provided over 4,000 packs to unpaid carers since February 2021, working with partners Carers Matter Norfolk, Caring Together and Carers Voice to deliver them to carers across Norfolk.

Emma Harrison, Patient Experience and Public Involvement Lead at The Queen Elizabeth Hospital King's Lynn NHS Foundation Trust said: "The Queen Elizabeth Hospital King's Lynn has been very fortunate to be offered these family carer packs as they were highlighted to us by colleagues across Norfolk who provide the packs out through the Norfolk and Norwich Hospital and James Paget Hospital. They are gratefully received by carers across the hospital whether they are patients or staff. I was able to provide one to every ward manager this week to raise awareness of unpaid family carers, share the idea with their teams and identify a carer to give their pack to. The contents are clearly thought out and have been a welcome gift to many who struggle with their caring responsibilities."

The packs have also been made available through Norfolk and Suffolk Foundation Trust, Norfolk and Norwich University Hospital, James Paget University Hospital and Queen Elizabeth Hospital, King's Lynn, all of whom are working in partnership with the Council to support the project.

Andy McGowan, Head of Carer Services at Caring Together, said: "This month saw the annual Carers Week, with the theme being making caring visible, valued and supported - we are therefore really pleased that the wellbeing packs continue to be available as a small way of showing carers in Norfolk that they are visible and they are valued. Carers have told us that these small pick-me-ups have been very much appreciated. People looking after a family member or friend can request a pack and, if they have not already contacted Carers Matter Norfolk to talk through the other support and advice that is available, we would encourage them to also do this"

The packs have been met with positive feedback from both carers and professionals, who have been involved in handing them out to carers, prompting some carers to get in touch with the County Council directly or leaving feedback on the website to express how much receiving a pack has meant to them.

One carer got in touch to say, "a very big thank you... for the really lovely kit received today". The carer, who wishes to remain anonymous, said that it had really given them a boost and was so appreciated.

Unpaid carers can also find a wide range of support available via Carers Matter Norfolk, a service commissioned by Norfolk County Council. Details of the personalised support available for carers can be found at <https://carersmatternorfolk.org.uk/> or by calling 0800 0831 148 (Monday to Friday 9am to 8pm, Saturday 10am to 2pm).

The wellbeing packs for unpaid carers were funded through the Infection Prevention and Control Fund which is provided to Local Authorities by DHSC. The scope of the funding was limited and used to prevent the spread of Covid-19 infections. Norfolk County Council took the decision to use a small proportion of the overall funding towards supporting Carers to keep themselves and their loved ones safe

during the pandemic. The majority of the funding was used to prevent the spread of Covid-19 infections in care homes and other care settings.

The Carers Matter Norfolk service is commissioned by Norfolk County Council to offer a range of support for carers of all ages and the people they care for. These include weekly 'Virtual Cuppas' during which Carers can share their concerns and successes and support each other, especially in difficult times.

Carers can also access personalised support to maintain and improve their health and wellbeing, including a Carers Assessment, from Carers Matter Norfolk.

How do I report a beryl bike?

Reporting misuse

Beryl takes misuse of the scooters very seriously. We work closely with local police and keep a record of all incidents of misuse. The public can inform Beryl of misuse **by phone or email Monday - Sunday 7 am-9 pm, by emailing [support@beryl.cc](mailto:support@beryl.cc) or calling 020 3003 5044.**

[Norwich Bike Share | Beryl - Beryl](#)

Census

Did you know that there were around 916,200 people living in Norfolk on Census Day, 21 March 2021?

That's an increase of around 58,300 people, or an increase of 6.8% compared with Census Day 2011. This compares with an 8.3% increase for the East of England and a 6.3% increase for England and Wales.

Within Norfolk, Norwich and Breckland had the highest percentage increases (8.7% increase and 8.4% increase respectively), with Great Yarmouth having the lowest increase (2.6% increase), compared with the last census.

The first results from Census 2021 were released on 28 June 2022.

The census is a survey that happens every ten years and gives us a picture of all the people and households in England and Wales. The last census was run in March 2021.

Released by the Office for National Statistics (ONS), the census results provide estimates of our population, as well as age and sex profiles of local authorities.

Following the first population estimates in June, the ONS will release further phased results from the census from September onwards. These will include data on ethnicity, religion, the labour market, education and housing. For the first time, it will also include information on armed forces veterans, sexual orientation and gender identity.

"The census gives us the richest possible picture of society across England and Wales and is hugely important to inform decisions about all of our public services, from education to healthcare, and across the private sector," Deputy National Statistician Pete Benton said.

[Find out more about Census 2021 results](#). To see local population estimates as they become available, [visit Norfolk Insight](#).



Go Plastic Free this July and help to make a difference. Find out how at: [#PlasticFreeJuly](http://ow.ly/NqZM50JLoSq)

### Norfolk Coast Guardian

Please find an informative link below to the Norfolk Coast Guardian, a free guide to the Norfolk Coast AONB for 2022 which may be of interest to you and/or your residents.

[www.norfolkcoastaonb.org.uk/norfolk-coast-guardian/](http://www.norfolkcoastaonb.org.uk/norfolk-coast-guardian/)

### Jubilee, Trails and Queen's Treasure

[Lots of fantastic and wonderful Jubilee events but one left plus a legacy](#)



A recent flying visit from a mystery time traveller, left behind a series of mysterious maps, codes and hints in South Norfolk. Put together, these clues will lead you to a priceless secret they call 'The Queen's Treasure'! Download a FREE trail today at <http://ow.ly/vc1G50Jt2T>

### Jubilee Trails

The aim is to create trails which were within reach from all over Norfolk, where possible, with improved accessibility for all and linked into the existing rights of way network. The trails are a combination of existing, and in places, improved rights of way, together with new trails which open up parts of Norfolk which previously had no public access. The trails encompass all aspects of wonderful Norfolk from coastal scenery, woodlands, arable, historic, urban and more.

The 4 trails will go from: Heacham to King's Lynn; Gressenhall to Dereham; Great Yarmouth to Lowestoft; and Gayton to Castle Acre.

Further information can be found [here](#).

### Have your say on bus service improvements in Norfolk

A consultation has been launched today asking for residents' views on bus services in Norfolk. Whether you use buses every day, or not at all, Norfolk County Council would like to know what improvements are the most important for you.

With Norfolk set to be awarded almost £50m from the Department for Transport to make the county's bus services and facilities better, your views will help to decide what the money should be spent on.

In October 2021 the County Council published Norfolk's Bus Service Improvement Plan which outlines the ambitions for the next 5 years. The plan includes ideas to; simplify ticketing and journey information, cut fares for under 25s, bring in cleaner and greener buses, improve accessibility and bus stops, and make better and more frequent links between the places people live, work and shop.

Public transport is a vital service in our rural county, and this money will go a long way in us improving services for everyone in Norfolk. We want to see public transport that makes it easier for people to get around and helps to keep our market towns and urban centres vibrant and accessible. Getting more people using buses and other more sustainable transport options is key to us achieving our Net Zero ambition.

The indicative offer of £49.6m for Norfolk will help to put this plan into action and the County Council is now working alongside bus operators to shape details of what the money will be spent on. A vital part of this is understanding what is important to residents, and what will help to attract more people to choose public transport for their journeys more often.

The Bus Service Improvement Plan consultation is open for seven weeks from today. (Tuesday 17 May - Tuesday 5 July) and you can take part by visiting <https://norfolk.citizenspace.com/consultation/bsip/>. The questions are split into two sections

and should take no more than 15 minutes to complete. Part one is about general use of buses and the barriers to people using them. Part two asks for views on the Bus Service Improvement Plan and the priorities within it.

#### Next steps for Norfolk's carbon cutting transport plan

A 15-year vision for transport in Norfolk, including investment in cycling, walking and better bus services is being set out by the county council.

Norfolk's Local Transport Strategy and Implementation Plan is set for discussion by Norfolk County Council's Cabinet on Monday 6 June.

National data shows that transport is now the biggest emitter of carbon of any sector in the UK, and this plan is key to setting out what we need to do to cut carbon and reduce air pollution from Norfolk's transport network.

NCC are one of only three areas nationally to secure government funding to develop plans for a zero emission zone for Norwich, so I want to see us build on really ambitious cutting edge schemes such as that with a range of projects which benefit both urban and rural residents and businesses.

Analysis of local and national data, and feedback from local people as part of the recent transport plan consultation, shows the need for both technological and social change to tackle the climate crisis. The plan helps to focus on our goal and the actions we need to take while supporting all communities across the county in these challenging times.

#### Smoking

A new independent report 'Making smoking obsolete' reviewing national tobacco policy has been welcomed by Norfolk County Council. It recommends increased investment to stop young people from starting smoking, raising the age of sale, and reducing the appeal of smoking through a mass media campaign to create a Smokefree culture.

Smoking is the biggest contributor to preventable ill health and the main driver of health inequalities. It kills an estimated 1,239 people in Norfolk every year, and accounts for 5,892 years of life lost annually.

In Norfolk 44,935 children live in households with adults who smoke which increases their chances of becoming smokers and two thirds of adult smokers started before they reached the age of 18. The costs are substantial, estimated in Norfolk to be £266.8 million each year, including costs of healthcare, social care, productivity, and fire costs.

NCC support the Government's ambition of Smokefree 2030 and the vital focus on preventing young people starting smoking. While we've been supporting services such as Smokefree Norfolk for some time, more investment is needed across the health sector in smoking cessation services to make this ambition a reality. We'll be working with our NHS partners via the new Integrated Care System to deliver on both our commitments to tackling smoking and the NHS's own long term plan."

The impacts on health from smoking and tobacco are substantial and we currently invest in a range of services. These include Smoke Free Norfolk, which we have protected from cuts, and enables people to access support and aids to quitting such as e-cigarettes. We work with a range of partners such as trading standards to drive out illicit tobacco, and NHS colleagues to develop their inpatient services to support people to quit.

More investment means we could further develop these services, work with partners like the NHS to prioritise prevention, and improve the health and wellbeing of Norfolk residents."

The review sets out independent recommendations on how the Government can reach Smokefree 2030. It sets out 4 critical interventions:

1. Provide a minimum additional investment of £125 million per year to fund comprehensive Smokefree interventions, including investing an extra £70 million per year in stop smoking services, ringfenced for this purpose.
2. Increase the age of sale for all tobacco products from 18, by one year, every year, so we achieve a Smokefree generation in this country.
3. Embrace the promotion of vaping as the most effective tool to help smokers quit.
4. Prevention must become part of the NHS's DNA and prioritise further action to stop people from smoking, by providing support and treatment across all its services, including primary care.

Check out all the details in the link: [\*\*#CleanAirDay\*\*](#)

- [Rogue Trader Alert - Doorstep Cold Callers offering to 'clean driveways'](#)
- [Cold Calling Alert - Doorstep Cold Callers in the Gaywood area](#)
- [Scam Alert - Text messages about your bank account](#)
- [Cold Calling Alert - Telephone cold calls regarding 'home energy'](#)
- [Scam Alert - Telephone cold calls claiming to be from 'Amazon'](#)
- [Food Alert - Waitrose is recalling one date code of their 'Waitrose 2 British Hot Smoked Rainbow Trout Fillets' due to the possible presence of Listeria](#)
- [Food Alert - SPAR is recalling a number of best before dates of their 'SPAR Spread Up Hazelnut Choco' as it contains almonds \(nuts\) which is not mentioned on the label](#)
- [Food Alert - Co-op is recalling one best before date of their 'Co-op Tuna Chunks in Sunflower Oil' and 'Co-op Tuna Chunks in Springwater' as they may contain pieces of metal](#)

  

- [Scam Alert - Fake parcel delivery text messages](#)
- [Information Alert - Spot the signs of holiday fraud](#)
- [Scam Alert - Emails claiming to be from HMRC](#)
- [Scam Alert - Emails claiming to be from 'Ofgem'](#)
- [Recall Alert - Tesco is recalling one date code of their 'Tesco frozen All Butter Croissants x6 255g\) as they may contain almonds \(nuts\) not mentioned on the label](#)
- [Recall alert - White Rabbit Pizza is recalling three types of Pizza and a Calzone because of undeclared milk](#)
- [Cold Calling Alert - JD Williams Letters- 15 June 2022](#)
- [Information Alert - Unsolicited goods Brushing Scams - 15 June 2022](#)
- [Scam Alert - Accommodation rental scams - 15 June 2022](#)
- [Scam Alert - Investment Scams- 16 June 2022](#)
- [Scam Alert - Online scammers Household Goods - 14 June 2022](#)
- [Cold Calling Alert - Telephone cold calls regarding 'saving energy'](#)
- [Scam Alert - Text messages claiming 'Someone who came in contact with you tested positive or has shown symptoms for COVID-19'](#)
- [Scam Alert - Fake messages from 'friends and family'](#)
- [Scam Alert - Fake DVLA websites charging for driving license services](#)
- [Scam Alert - Text messages claiming to be from the 'Post Office'](#)